

Parent & Child Activity Calendar

Elementary School

Clovis Unified School District



THE PARENT INSTITUTE®

September • October • November 2017

Parent & Child Activity Calendar

Elementary School
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 2017					<p>1 A planning calendar can help your child stay organized this school year. Buy or make one with him.</p>	<p>2 Have a “goodbye to summer” picnic today. Talk with your child about the great times you had together over the summer.</p>
<p>3 Write upcoming school events on your family calendar. Make plans to attend as many as you can.</p>	<p>4 A good breakfast helps kids learn. Be sure your child starts the day with a healthy breakfast at home or at school.</p>	<p>5 Talk to your child about peer group pressure. Practice ways to say <i>no</i> to drugs and alcohol.</p>	<p>6 Write your child’s name vertically. Have her use each letter in her name to begin a line of a poem.</p>	<p>7 September is Library Card Month. Make sure everyone in your family has a library card.</p>	<p>8 Turn off the TV this evening! Plan on reading or playing games instead.</p>	<p>9 Have your child set a weekly goal. Write it down. Could you do this, too?</p>
<p>10 Make sure you and your child know school rules. Ask for a list of rules and post them on your refrigerator.</p>	<p>11 Have your child write a letter to a friend or relative about the beginning of his school year.</p>	<p>12 Watch the news together. Help your child use a world map to locate one place that was mentioned.</p>	<p>13 Think about the rules you have for your child. Are they appropriate for his age? If not, make some adjustments.</p>	<p>14 Keep a basket as a home base for library books. You’ll save money on overdue fines!</p>	<p>15 As a treat, let your child stay up 30 minutes past his regular bedtime to read in bed.</p>	<p>16 Give family members some marshmallows and toothpicks. See who can build the tallest tower.</p>
<p>17 Tonight, talk with your child about the week ahead. Plan to do this every Sunday night.</p>	<p>18 Look over your child’s homework. Give some compliments and some helpful criticism.</p>	<p>19 Challenge your child to do a secret good deed for a friend or neighbor.</p>	<p>20 Look through some help wanted ads with your child. What jobs look interesting to her?</p>	<p>21 Discuss a few of the weather changes that take place in the fall. (Days are colder and shorter.)</p>	<p>22 Play board or card games as a family tonight.</p>	<p>23 Let your child see you keep your temper when you are angry. Instead of yelling, calmly talk about how you feel.</p>
<p>24 Have each family member write a funny sentence. Put them together to make a story.</p>	<p>25 Help your child find his best time to do homework. Some kids do best right after school; others do best after dinner.</p>	<p>26 If you haven’t met your child’s teacher yet, plan to do so. Talk about your visit with your child.</p>	<p>27 Talk with your child about why students who do homework earn better grades.</p>	<p>28 Ask your child to calculate the average age of family members. Add up ages, then divide by number of family members.</p>	<p>29 Have dinner by candlelight tonight.</p>	<p>30 Visit the library with your child. Check out a book about science.</p>

Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Plan to get some exercise with your child every day this month.	2 Try a geography challenge with your family. Name a state, province or country. Who can call out the capital first?	3 Praise your child for something she did today. Make your praise as specific as possible.	4 Have a word of the day. Challenge each family member to use it in a sentence. Make this a daily habit.	5 At dinner tonight, talk about three ways you used math today. Ask everyone in the family to talk about how they used math.	6 Together, find out what's inside a seed. Soak a dry bean overnight, remove the coat and pull the halves apart.	7 Help your child cut an apple in half. Dip the cut edge in a shallow pan of paint. Press on paper for fruit prints.
8 Today is the anniversary of the Great Chicago Fire. Develop a family plan in case of a fire in your home.	9 Read a textbook assignment with your child. Then ask your child to tell you about it in his own words.	10 Have a contest: How many words can you and your child make from the letters in OCTOBER?	11 Have your child close her eyes and tell you everything she hears.	12 At dinner, talk about the best and the worst parts of your day. Everyone in the family gets a turn to talk.	13 Have your child teach you something he needs to learn for homework. It's a great way to reinforce learning.	14 Take a walk and look for signs of fall. See if your child can identify any of the trees you pass on your walk.
15 Make a leaf rubbing. Place a leaf on newspaper. Cover with thin paper and have your child rub with a crayon.	16 Keep a stash of books in your car so your child has something to read when you are on the go.	17 With your child, learn to say <i>bello</i> in two other languages.	18 Have a contest: Who can name the most parts of the body? (Organs count, too.)	19 Name a city, state or river and challenge your child to find it on a map or globe.	20 List three of your child's successes this week. List three of your own. Post the lists where you can both see them.	21 Set aside some time to spend one-on-one with your child today.
22 Make up a secret code with your child. Use it to write notes this week.	23 Encourage your child to be a gracious winner and a good loser.	24 Have your child rub two stones together for 30 seconds. Can she feel the heat generated? This is caused by friction.	25 Start a sentence-a-day story. In a special notebook, have your child write a story by adding one sentence each day.	26 Let your child plan dinner tonight. How many food groups can he include?	27 It's Theodore Roosevelt's birthday. Look up facts about this president and protector of the environment.	28 Read a book that you and your child can both enjoy.
29 Have your child predict the results of flipping a coin 10 times. Try it and see if she's right.	30 Play a game of Concentration. Fractions with the same value make a pair, like 1/2 and 2/4.	31 Ask your child to name something he has done in his life that he is proud of.	<h2>October 2017</h2>			

Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>November 2017</h2>			1 Start a savings jar. Family members can decide on what the goal will be and how they will contribute.	2 Find a book that describes holidays around the world. Choose a new holiday to observe, or invent one.	3 When you're in the supermarket, choose a new squash to try.	4 Resist the urge to overschedule your child. Kids need some downtime to think, imagine and play.
5 Does your child know whom to call in an emergency? Make a list to post on your refrigerator. Practice what to say.	6 Talk with your child about mistakes. How can people learn from their mistakes?	7 Help your child make her own dictionary with spelling or vocabulary words.	8 When you watch TV, ask your child questions: "Was what that person did a good idea?" "What would you have done?"	9 Put various objects on a tray. Have your child look at the items, then close his eyes and name as many as he can remember.	10 Have a music-sharing night. Share your favorite music with each other. Talk about how it makes you feel.	11 Collect leaves, bark, sticks and branches with your child. Challenge her to make a tree by gluing the items to paper.
12 Make up trivia questions about your family. Quiz one another at the dinner table tonight.	13 Talk with your child about ways to handle stress. Exercising and talking to someone are two effective remedies.	14 Show your child pictures of three different people and ask him to make up a story about each person.	15 Set aside time every day for reading aloud. Have your child read to you, too.	16 At dinner, have each family member say something nice about every person at the table.	17 Do a crossword puzzle with your child. It's a great way to learn new words.	18 Have your child write directions for making a sandwich. Then follow them exactly. How did it turn out?
19 Today is the anniversary of Lincoln's Gettysburg Address. Read it aloud with your child.	20 Write a note to your child and tuck it where she will find it later.	21 Make an effort to reinforce manners today. Remind your child to say <i>please</i> and <i>thank you</i> .	22 Make a list of all the things that make your family members thankful.	23 Tell your child some family stories as you show him family pictures. See if he can identify any of the people.	24 At the grocery store, have your child compare two sizes of the same product. Which is the best buy?	25 Find a kid-friendly recipe. Help your child make that dish today.
26 Create a word search by hiding words in a grid and surrounding them with random letters. Let your child find the words.	27 Does your child know your state bird? If not, help her look it up.	28 If your child could be any famous person from history, who would he be? Why?	29 Ask your child to pretend she's the mayor. What three things would she do to make your community a better place?	30 It's the birthday of Mark Twain. Read one of his short stories with your child.		